

Root's Homemade Noodles			
Size: NET WT. 12 OZ. 340g			
Nutrition Facts			
Serving Size 2.4 oz. (68g)			
Serving Size per container about 5			
Amount Per Serving			
Calories 180	Calories from Fat 35		
	%Daily Value*		
Total Fat 4g			6%
Saturated Fat 1g			4%
Cholesterol 110mg			36%
Sodium 100mg			4%
Total Carbohydrate 30g			10%
Dietary Fiber 5g			21%
Sugars 1g			
Protein 9g			
Vitamin A 6%			
Vitamin C 0%			
Calcium 2%			
Iron 15%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Fat 2	Carbohydrate 4		Protein 4

INGREDIENTS: FLOUR, EGG, SALT

Root's Poultry, Inc. 3721 West State Street Fremont, Ohio 43420
 Phone: 419-332-0041 Toll Free: 1-800-499-2536 Fax: 419-332-5885
www.rootspoultry.com mark@rootspoultry.com